

Feverfew (Tanacetum Parthenium)

Pack Information : 100 Capsules

Bottle Dosage

For adults: take one or two capsules with a meal three times daily.

Caution

Always read the label. If symptoms persist consult your healthcare practitioner.

Feverfew (Tanacetum Parthenium)

Feverfew is native to Europe and the British Isles and is commonly found along fields and roadsides, as well as being grown in flower gardens throughout Europe and the United States. It is said that bees dislike the plant, and that carrying a handful of flower heads is supposed to make bees keep their distance.

If grown in the garden Feverfew can be used fresh on a sandwich, or can be dried, powdered and used as a tea. Capsules are another convenient way to consume the herb.

Feverfew displays a number of properties and has historically been used in a number of ways. In modern times, it is best known for reducing the frequency of headaches when used in small doses on a regular basis. The main constituent has been called parthenolide, which is one of a group of chemical substances known as sesquiterpene lactones. It is this component that appears to be useful in the relief of headaches.

In addition to its use in the relief of headaches it has also been found to be beneficial to help relieve joint pain.

Therapeutic Use

To assist with the reduction in frequency of migraine headaches.

Active Ingredients

Each ‘preservative free’ capsule contains 340mg of Tanacetum parthenium herb powder.

RRP: \$26.97